The ASD Elementary Sports philosophy is based on equal participation, fun, skill development, physical fitness, teamwork, sportsmanship, family involvement and volunteer leadership. Sport seasons are offered throughout the year for grades 2nd through 5th.

Along with good sportsmanship, we teach the values of caring, honesty, respect and responsibility.

Each season is approximately six weeks in length. During the first two weeks the students will work on skill development. Then, the following four to six weeks will be intramural games that each student will participate in. Practices will be two days a week for each sport, however, the days of practice for each season will vary. The practice days will be listed on the permission slips for each sport. In addition, there will be a selection of an “All-Star” team which will play in a local tournament.

Participation in athletics plays a valuable role in the healthy development of children. Participation builds self-esteem, promotes teamwork, develops physical and mental skills, and is an integral part of the maturing process. It is our responsibility to provide safe, high quality sports programs that nurture all of these important life experiences for children.
The goal of the ASD elementary sports program is to provide quality programs for young people of all backgrounds and skill levels. Participants are encouraged to enjoy a variety of recreational sports activities in a safe and positive environment.

We believe in the benefits of participation in organized sports. Participation in sports has proven to build self-esteem, promote teamwork, develop the body as well as the mind, and is an integral part of the maturing process. Involvement in youth sports should promote learning and participation first, and competition second.

Our mission is to teach the importance of teamwork, skills and sportsmanship and to provide a safe, nurturing and fun environment for all children regardless of skill level.

We strive to offer quality sports opportunities to aid in youth development, and fulfill the recreation interests of the community. ASD’s elementary sports program affords children the opportunity to interact with positive adult role models.

In fulfillment of this mission, the program seeks to provide the qualified program leaders who are trained to plan and conduct children's sports programs.

- Coaches will provide necessary attention and assistance to all participants, particularly to those in need of additional coaching.
- Coaches should stress good sportsmanship and fair play as standard behavior.
- Every effort will be made to ensure participation is a worthwhile and positive life experience.

PROGRAM GOALS

★ Provide the ASD Elementary community with a variety of sports opportunities for children that will enrich their lives and enhance their physical and mental well being in a fun and positive environment.

★ Provide the best possible indoor and outdoor facilities that benefit all sports activities.

★ Provide sports opportunities that are interesting, varied, productive, and aimed at improving all players' skills.

★ Offer a balance of programs to provide both competitive and recreational sports opportunities.

★ Encourage youth to learn skills before competing, to encourage a love for the game and lifelong sports participation.

★ Treat each participant as an individual, while demonstrating concern for their individual needs and well-being.

★ Provide the most qualified staff to share their knowledge and skills of the game and serve as a positive role model for all participants.

★ Emphasize a spirit of sportsmanship, cooperation, and mutual respect for all.

★ At the end of each session of participation in a youth sports activity, participants should feel inspired, find they have made new friends, learned new skills, and experienced an enhanced sense of confidence and self-esteem.

Seasons

August 29 – October 21:
Girls/Boys Indoor Athletics (2nd-5th Grade)

August 29 – November 8:
Girls/Boys Basketball (2nd & 3rd Grade)

August 29 – November 28:
Girls/Boys Soccer (4th & 5th Grade)

January 9 - March 3:
Girls/Boys Track & Field (2nd - 5th Grade)

September 19 - December 5:
Girls/Boys Cross Country (4th & 5th Grade)

January 9 – March 8:
Girls/Boys Soccer (2nd & 3rd Grade)

February 27 – May 9:
Girls/Boys Basketball (4th & 5th Grade)

April 20 – June 1:
Swimming (1st-5th Grade)