Grade 9 Health Standards & Benchmarks

by the end of Grade 9

Standard 5 Knows essential concepts and practices concerning injury prevention and safety.

1. Complete American Red Cross Standard First Aid/CPR Program.
2. Knows strategies for managing a range of situations involving injury (e.g., first aid procedures, abdominal thrust maneuver, cardiopulmonary resuscitation).

Standard 9 Understands aspects of substance use and abuse.

1. Knows the short and long-term effects associated with the use of alcohol, tobacco, and other drugs on reproduction, pregnancy, and the health of children.
2. Knows how the abuse of alcohol, tobacco, and other drugs often plays a role in dangerous behavior and can have adverse consequences on the community (e.g., house fires, motor vehicle crashes, domestic violence, date rape, transmission of diseases through needle sharing or sexual activity).
3. Understands that alcohol, tobacco, and other drug dependencies are treatable diseases/conditions.
4. Knows community resources that are available to assist people with alcohol, tobacco, and other drug problems.